



LANTERN OF KNOWLEDGE
EDUCATIONAL INSTITUTE

LoK Physical Intervention & restraint Policy

September 1

2024

Revised by S. Ahmed

		Next Review Date	01/09/2025
Approved By	Position	Date	Sign
Shakil Ahmed	Headteacher	01/09/2024	
Imran Sidyot	Governor	01/09/2024	

Rationale

This policy has been adopted with reference to the Department for Schools guidelines on the use of the physical restraint of pupils. We have also linked this to our Safeguarding and Child Protection Policies.

Mission Statement

Lantern of Knowledge Educational Institute ("LoK") does not support the routine use of physical interventions with children. We are committed to ensuring that all our children and staff are able to live and work in a supportive and caring environment, demonstrating a mutual respect, so that teaching and learning can take place in order to maximise children's potential and achievement.

Although the school maintains a hands-off policy, in the rare circumstances it may become necessary or needed appropriate to use physical intervention, it will be used as an act of care and never punishment, and staff will follow the guidelines outlined below. Staff are required, whilst taking any of the action detailed in this policy, to ensure that the child understands that this is a last resort and that the security of the child should be continually maintained.

The school recognises that reasonable force may be needed to control pupils through passive physical contact, such as standing between pupils or blocking a pupils path, or active physical contact such as leading a pupil out of a classroom or away from a situation. It may also be necessary to use restraint in certain situations, which will involve physically holding a pupil. The school continues to maintain the above as a last resort and only in situations where the staff deem this the only way of diffusing the situation.

Circumstances when physical intervention or restraint may be appropriate

The Department for Education states the following:

- Remove disruptive pupils from the classroom where they have refused to follow an instruction to do so;
- Prevent a pupil leaving the classroom where allowing the pupil to leave would risk their safety or lead to behaviour that disrupts the behaviour of others;
- Prevent a pupil from attacking a member of staff or another pupil or to stop a fight in the playground and;
- Restrain a pupil at risk of harming themselves through physical outbursts or damaging school property.

It may be necessary to engage in physical interventions to move a child in the above situations; we would always aim to exhaust all other potential solutions such as removing the rest of the class to a safe area before using physical intervention with any pupil.

A member of staff will need to rely on their professional judgement about whether or not to physically intervene and thereby placing her/himself in a hazardous situation, or stand back and by that allow a child or colleague to face a potential hazard. Staff

must balance the level and duration of their intervention against the seriousness and likely consequences of the incident.

Procedures for staff before and during any physical intervention

Before physically intervening, staff will:

- Remain calm and attempt to engender calm
- Tell the child to stop and explain to them what will happen if they do not
- Use a range of non-physical alternatives aimed at calming or defusing situations in order to prevent further escalation. These might include:
 - Continuing to speak and listen to the child/children.
 - Employing an appropriate level of eye contact during any dialogue.
 - Diverting, distracting, cajoling or humouring the child where appropriate.
 - Reasoning with and offering appropriate choices to the child/children.

Sometimes a teacher should not intervene in an incident without help. For example, when dealing with physically large children, or with groups of children, or if the teacher believes he or she may be at risk of injury. In this circumstance, the teacher should remove other children who may be at risk and summon assistance from a colleague or colleagues by sending the red card to the school office requesting help or by calling from the class phone. In extreme circumstances, it may be necessary for the school to make the decision to call the police.

The teacher should tell the child/children that he or she has sent for help. Until assistance arrives, the teacher should continue to attempt to defuse the situation through talking to the children and try to prevent the incident from escalating.

Whilst physically intervening, staff will:

- Use the minimum amount of force required to achieve the desired result.
- Tell the child that physical restraint will stop as soon as it is no longer necessary.
- Continue to use a range of non-physical alternatives aimed at calming or defusing situations in order to prevent further escalation, as above.
- Remove the rest of the class when a child persistently refuses to leave or offers any kind of resistance to being removed from a classroom. Communication with the child concerned can continue in isolation thus minimising the risk of injury.

Ways in which staff may use reasonable force

Whilst there is no legal definition of reasonable force, DFE Guidance July 2013 advises that 'The term 'reasonable force' covers the broad range of actions used by most teachers at some point during their career that involve a degree of physical contact with pupils.'

During a potentially dangerous situation staff may be required to:

- Physically step in between children
- Block a child's path
- Hold a child
- Lead a child by the hand or arm
- Guide a child away by placing a hand in the centre of the back
- In more extreme circumstances use more restrictive holds.

Staff are not permitted to act in a way that might cause injury, for example by:

- Holding a child round the neck, or by the collar, or in any other way that might restrict the child's ability to breathe.
- Slapping, punching, pushing, pulling or kicking a child.
- Twisting or forcing limbs against a joint.
- Tripping up a child
- Holding or pulling a child by the hair or ear
- Holding a child face down on the ground.

The use of any degree of force is unlawful if the particular circumstances do not warrant the use of physical force. Physical force cannot be justified in a situation that could clearly be resolved without force, for example to prevent a child from committing a trivial offence.

Staff who are permitted to use reasonable force to control or restrain children

Section 550A of the Education Act 1996 permits adults who have lawful charge or control of children to use reasonable force to control or restrain them. These include:

- Teachers
- Learning mentors
- Teaching assistants
- Midday supervisors

All staff have been guided through the policy, alongside KCSIE 2024, inc. Part 1, and the school staff code of conduct

Training

Our school will ensure that all permanent and long-term supply staff have access to this policy and understand it.

Our school aims to identify, address and review the training needs of school staff, with a view to developing a shared awareness of:

- How and when to intervene.
- How to prevent, defuse and/or resolve disputes, including the appropriate use of anger management, de-escalation and conflict resolution skills and techniques.

Appropriate training will be provided to all school-based staff, in line with the LA's policy and guidelines.

Planning for the needs of individual children

Our school aims to identify, in consultation with parents/carers, any child whose behaviour is potentially thought to require a physical intervention response, and to consider the needs of those children in relation to:

- Any individual medical, social, behavioural, learning or cultural factors
- Any Individual Education Plans, Pastoral Support Programmes or Personal Education Plans which support the children.

If a member of staff thinks that a particular child may at sometime need such intervention, the circumstances and requirements will be presented for discussion at an appropriate meeting of relevant staff.

Other physical contact with children

Our school believes that some use of appropriate, positive physical contact with children can contribute to its development as a safe and friendly school. Some physical contact may be necessary or unavoidable when staff are working with:

- younger children who may need encouraging or guiding
- children with special educational needs who may need physical prompts or help
- children requiring first aid
- children receiving coaching in sport or as part of another curriculum activity
- Children in distress.

Our staff will make professional and sensitive judgements about the nature and extent of their physical contact with children. We will take into account cultural sensitivities and gender differences, the needs of all children who may be particularly vulnerable following previous trauma or abuse.

Record-keeping

Our school keeps a record of all incidents where physical intervention involving the use of force against resistance from a child has been necessary, in a file with numbered pages which is kept in the Head teacher's office. The head teacher or nominated senior member of staff will be told at the earliest possible time after an incident. The written record will be completed within one working day and discussed with the nominated person who will also decide how and when to report the incident

to the children's parent/carer. A copy of the written record will also be placed in the Child Protection file and/or SEN file if one exists for that child.

If the incident included a physical or verbal assault on a teacher/adult or another child, the Council's accident/incident form should also be completed. (This can be found on the extranet.) The teacher/adult involved may seek guidance from a senior colleague and/or their trade union representative before filling in their report.

We will discuss the incident with any children or staff who were present and, where appropriate, collect a written account from them. In line with our commitment to working with parents, we aim to maintain an open discussion during any relevant procedure which may follow an incident. We will regularly review the number and type of incidents in which physical intervention has been necessary. This will be used to ensure that there is adherence to this policy and to identify improvement needed in other policies and procedures of the school.

Sharing of information

All members of the school community should know of the existence of this policy. In principle, as few people as possible should know of any specific incident and staff should maintain confidentiality to the greatest possible extent. This is to enable governors and staff involved in any consequence or complaint to 'fact find' without having acquired hearsay knowledge.

Complaints

Complaints following a dispute about the use of physical intervention by an adult should, in the first instance, be referred to the Headteacher. This will generally result in an investigation, which will take account of the written or verbal reports which have been collected.

Where disputes cannot be resolved informally within school or by the governors, complaints should be pursued in accordance with the school's complaints procedures and the school policy on dealing with Allegations against Staff.

Implementation, monitoring and review

The Headteacher is responsible for:

- Ensuring that all staff are familiar with Richmond upon Thames LA's guidelines and the school policy
- Ensuring that all relevant staff have received training in non-physical interventions in order to reduce the need for physical intervention
- Ensuring that named personnel have received training in physical intervention techniques
- Monitoring and reviewing the implementation of the school's policy.

Appendix A

Physical interventions with children

Guidelines for short-term supply and casual staff and other adults authorised by the Headteacher to work with children in Orleans Primary School

Physical intervention must never be used as a punishment:

- It should only be used if there is an immediate danger to children, staff or school property.
- It must only be used if all other tactics have failed.
- Any force used in a physical intervention must be of minimum strength and duration to deal with the immediate danger.
- Send for help as soon as you can, probably using another child to do so.
- Be careful how you handle a child. Never hold them by the neck, collar, ear or hair. Do not slap, punch, kick or trip them. Do not twist limbs, force limbs against the joint or hold a children face down on the ground. Avoid contact with breasts, bottoms and genital areas.
- Talk to the children; explain that physical contact will cease as soon as they calm down.
- Keep yourself and other children safe – it might be better to remove other children than to try to physically intervene with the aggressor.
- Do not put yourself at risk by confronting children who are bigger/stronger than you, who are armed or who otherwise pose a threat to your safety.

All incidents of physical intervention must be reported to the Headteacher within one day, and should be written up immediately if possible. Seek advice following an incident from a senior colleague and/or your trade union representative.

Appendix B:

Physical intervention model incident recording form

This form should be completed following an incident involving physical intervention and kept by the school for future reference (it may be fixed so as to avoid removal to the numbered page in the book used for recording such incidents).

Name(s) of children(s):	Date:	Time:
Ethnicity:	Gender: M/F	
Nature of the incident: <ul style="list-style-type: none"> • Verbal abuse • Threatening behaviour • Refusal • Kicking • Punching • Fighting • Other (please specify) 	Involving: <ul style="list-style-type: none"> • Staff • Children(s) • Property • Equipment • Other (please specify) 	
Why was physical intervention required? (Continue on a separate sheet if necessary) <ul style="list-style-type: none"> • The circumstances that led to the incident 		
<ul style="list-style-type: none"> • When and where the incident took place 		
<ul style="list-style-type: none"> • The name(s) of any staff or children who witnessed the incident 		
<ul style="list-style-type: none"> • The circumstances and reason for using physical intervention 		

<ul style="list-style-type: none"> • The danger perceived 	
<ul style="list-style-type: none"> • How the incident began and progressed, including details of: <ul style="list-style-type: none"> • the child's behaviour, response • what was said by each of the parties involved • the steps taken to defuse or calm the situation • the degree of force used, and any restraint used • how it was applied and for how long; details of any injury 	
Further action taken by the headteacher (circle as appropriate)	
H&S Accident Form completed Y/N	Parent /Carer contacted Y/N
Child Protection investigation Y/N	Police/others informed Y/N
Racial incident form completed Y/N	
Signature of member of staff reporting:	Signature of headteacher:
Date:	Date:

Further sources of information other departmental advice and guidance you may be interested in

Use of reasonable force

https://assets.publishing.service.gov.uk/media/5a819959ed915d74e6233224/Use_of_reasonable_force_advice_Reviewed_July_2015.pdf

- Guidance on the Use of Restrictive Physical Interventions for Staff Working with Children and Adults who display Extreme Behaviour in Association with Learning Disability and/or Autistic Spectrum Disorders (2002)
- Guidance on the Use of Restrictive Physical Interventions for Pupils with Severe Behavioural Difficulties (2003)
- Screening, searching and confiscation – advice for headteachers, staff and governing bodies.
- Dealing with allegations of abuse against teachers and other staff – guidance for local authorities, headteachers, school staff, governing bodies and proprietors of independent schools